

THE DIFFERENCE IS MADE BETWEEN THE WHITE LINES

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U12 > juniors > pro player



Fast traffic
Exit
Slow traffic
Traffic jam
Accidents

High performance tennis in Belgium

Talent day

- 6-8 year
- Tennis test
- 5 motoric tests

Detection day

- 3 days of training for same group (1 in November, 1 in January)

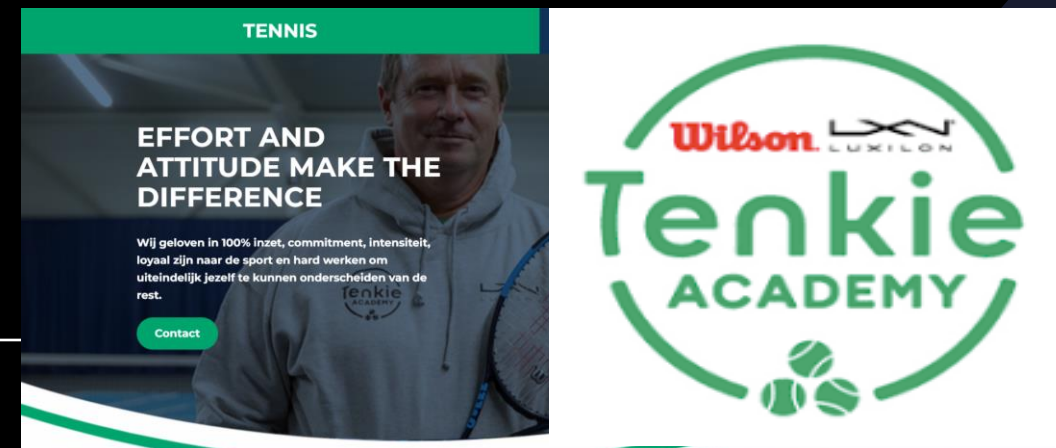
Identification days

KDT training (8-12)

- two central training sessions/week
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12-18: one selection day: tennis, physical, mental

- Selected A: national centre
 - Training, school, sleeping
 - Central point
 - Very cheap: 750€/m
- Selected F: private
 - Private club
 - Coach
 - School
 - Expensive
 - Stay at home



Swedish system?

- Perfect system possible?
 - System is not making champions.
 - I think Swedish system is *or* can be good! > Why?
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- Challenges & what do we see when players arrive in national camps at 12/13 year?
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Swedish system: What do we see when player arrive in national camps at 12/13 year?

- Technical issues
 - Physical weak
 - Poor movement on court
 - Lack of intensity/energy in training
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- Ability to win
 - Independence
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CHALLENGES:

- Good working coaches
- Cooperations between federation & private coaches
- Commitment: no 9 to 5 job
- Big work U12
- Play outside Sweden (U14 and older)
- Believe in what we do



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