

# LADIES TENNIS TRIP

(LEVEL: BEGINNERS AND INTERMEDIATE)



October 2017 (1st weekend of Stockholm Open ATP)

Saturday 14th - Tuesday 17th

## Hotel Puente Romano \*\*\*\*\*

You will be staying in the five star hotel Puente Romano Marbella. This hotel is of the highest standard and located on the beach front. Tennis courts and all other facilities are on site. You will be staying in a shared junior suite.

[www.puenteromano.com](http://www.puenteromano.com)

## Flight: SAS direct

14OCT ARNAGP 0555 1020

17OCT AGPARN 2030 0045+1

**Price:** 14.900kr/pp including above direct flight, three nights shared accommodation (shared junior suite) with breakfast, luxury airport transfer, all tennis costs and reservations in the best restaurants (optional).

Not sharing: +3.900kr

## Travelling coaches:

Tryggve Ehnberg

Joe Beaton

I am excited once again to send you to this hotel. Custom Sport Tours three years ago started business with this tennis resort. Due to the high standard this resort is a favourite among tennis lovers, you will not be disappointed.

Joe Beaton

# Tennis Program

I will be executing the 14 hour tennis program with help from Tryggve. We will deliver a high quality coaching program working on all strokes and angles of the game.

**You will be grouped with other players similar tennis level to your own.**



Puente Romano has a great history, famous players such as Björn Borg and Manolo Santana have worked as head pros here. The current owners have put a lot of investment into hotel and club and have succeeded in creating a five star tennis resort that you will not be disappointed with.

“One of the nicest tennis destinations in the world”

**Saturday 14th:** We will arrive at the hotel 11.30 and ready for some tennis at 15.00. We will be using this first day for you to settled in and get used to the courts (Spanish clay courts). You will all have a two hour coaching session (3 players per court and coach)

**Sunday 15th:** You will be fresh after a good nights sleep and ready for a full day of tennis. You will have a two hour session in the morning, plus a two hour session mixing with the group in the afternoon. The coaching focus this day with be ground strokes and volleys.

**Monday 16th:** Same as Saturday however the coaching focus will be on serve, return, attacking and defending.

**Tuesday 17th:** In the morning you will have a two hour “last chance” practice session working on all you have learnt the other days, in the afternoon we will end with a fun tournament.

You will all have a total of **14 hours on court** split between coaching, drills and matches.

\*Minor changes may be made.



Puente Romano is one of the nicest tennis resorts I have ever been to. The hotel has an old Spanish village type design, with established tropical gardens and several pool areas. The perfect place for a tennis trip.

“tennis heaven”

## Photos



Perfectly looked after clay courts will be our place of business. Expect the best coaching in the best conditions. See you on court!

